

## School Meals Activities

### What About The School Meals Criteria?

Activity 1. Gather a small team of your school staff. You may have a fully organized wellness committee or you may not. Be sure to include a school nutrition staff representative. Determine how many of the Alliance School Meals Bronze Level criteria you feel could be implemented expeditiously. List in chronological order.

Activity 2. Draw the picture of a triangle. Number each point. Establish a starting point and list three (3) steps you would first take towards implementation of the Alliance School Meals criteria.

### Professional Development Training on A Tight Budget: How Do You Make It Happen?

Activity 1. Meet with your School Nutrition Director. Name two (2) resources that are currently on file in the School Nutrition Department for use in training.

Activity 2. Talk with your local school nutrition staff. From the list of topics suggested during the training; determine which could be included in their annual training schedule this school year, 2008-2009, without an additional cost to their budget? Have them to commit to the training. Follow up later during the school year.

