

Unit 3: What's so Bad about E-Cigarettes and Vape Pens?

The discussion points below are designed for you to initiate an essential conversation with a trusted adult in your life. It does not matter if you know the factual answer; you can research that together at a later time. What is important is that you are able to communicate with a trusted adult, to broaden your perspective on this topic.

What are your personal concerns regarding the safety of e-cigarettes/vape pens, if any?

Why do you think the common term used to describe these products has changed from “e-cigarettes” to “vape pens?” How do you think the perception of these products has changed because of the newer terminology, if at all?

Where are the places that you hear information about e-cigarettes/vape pens? What sources do you trust to give you accurate information about these products?

