



BLS for Healthcare Providers Course and Renewal Course

BLS for Healthcare Providers Classroom Course Outline

Approximate course duration: 4½ hours

Student-instructor ratio 6:1; student-manikin ratio 3:1

Lesson Map	Course Event	Time Estimate (in minutes)
HCP-R 21	Rescue Breathing	1
HCP-R 22	Mouth-to-Mouth Breaths for Victims 1 Year of Age and Older	1
HCP-R 23	Adult/Child Choking (Responsive)	1
HCP-R 24	Adult/Child Choking (Unresponsive)	1
HCP-R 25	Infant Choking (Responsive)	6
HCP-R 26	Infant Choking (Unresponsive)	1
HCP-R 27	Course Summary and Closure	2
HCP-R 28	Written Test	25
HCP-R 29	1- and 2-Rescuer Adult BLS With AED Skills Test	30
HCP-R 30	1- and 2-Rescuer Infant BLS Skills Test	30
HCP-R 31	Remediation	Variable

Lesson Map	Course Event	Time Estimate (in minutes)
HCP 1	Course Introduction	5
HCP 2	Course Overview and 2010 AHA Guidelines for CPR and ECC Science Update	12
HCP 3	BLS/CPR Basics for Adults	1
HCP 4	1-Rescuer CPR With AED Demo	1
HCP 5	Assessment and Scene Safety	1
HCP 6	Chest Compressions for Adult Victims	8
HCP 7	Airway and Breathing	6
HCP 8	Adult Compressions and Breaths Practice	8
HCP 9	1-Rescuer Adult BLS Practice Session	12
HCP 10	Breaths With Bag-Mask for Adult Victims	12
HCP 11	2-Rescuer Adult BLS/Team CPR Sequence	3
HCP 12	Defibrillation: AED Introduction and Use	3
HCP 13	AED Special Situations and Safety	2
HCP 14	Using the AED Trainer	4
HCP 15	1- and 2-Rescuer Adult BLS With AED Practice Session	25
HCP 16	Introduction to Child BLS/CPR	2

BLS for Healthcare Providers Classroom Course Outline

(continued)

Lesson Map	Course Event	Time Estimate (in minutes)
HCP 17	Chest Compressions for Child Victims	5
HCP 18	Introduction to Infant BLS/CPR	3
HCP 19	1- and 2-Rescuer Infant BLS/CPR Demo	3
HCP 20	2-Finger Chest Compressions for Infant Victims	7
HCP 21	Breaths With Bag-Mask for Infant Victims	4
HCP 22	2-Rescuer Infant CPR/2 Thumb–Encircling Hands Chest Compressions for Infant Victims	8
HCP 23	1- and 2-Rescuer Infant BLS/CPR Practice Session	11
HCP 24	AED for Infants and Children From 1 to 8 Years of Age	2
HCP 25	CPR With an Advanced Airway	1
HCP 26	Rescue Breathing	4
HCP 27	Mouth-to-Mouth Breaths for Victims 1 Year of Age and Older	1
HCP 28	Adult/Child Choking (Responsive)	2
HCP 29	Adult/Child Choking (Unresponsive)	1
HCP 30	Infant Choking (Responsive)	6
HCP 31	Infant Choking (Unresponsive)	1
HCP 32	Course Summary and Closure	1
HCP 33	Written Test	25
HCP 34	1- and 2-Rescuer Adult BLS With AED Skills Test	30
HCP 35	1- and 2-Rescuer Infant BLS Skills Test	30
HCP 36	Remediation	Variable

BLS for Healthcare Providers Renewal Course Outline

Approximate course duration: 4 hours

Student-instructor ratio 6:1; student-manikin ratio 3:1

Lesson Map	Course Event	Time Estimate (in minutes)
HCP-R 1	Course Introduction	5
HCP-R 2	Course Overview and 2010 AHA Guidelines for CPR and ECC Science Update	12
HCP-R 3	BLS/CPR Basics for Adults	1
HCP-R 4	2-Rescuer CPR With AED Demo	1
HCP-R 5	Assessment and Scene Safety	1
HCP-R 6	Chest Compressions for Adult Victims	8
HCP-R 7	Airway and Breathing	6
HCP-R 8	Breaths With Bag-Mask for Adult Victims	8
HCP-R 9	Adult Compressions and Breaths Practice	8
HCP-R 10	2-Rescuer Adult BLS/Team CPR Sequence	3
HCP-R 11	Defibrillation: AED Introduction and Use	3
HCP-R 12	Using the AED Trainer	4
HCP-R 13	1- and 2-Rescuer Adult BLS With AED Practice Session	16
HCP-R 14	Introduction to Child BLS/CPR	2
HCP-R 15	Chest Compressions for Child Victims	3
HCP-R 16	Introduction to Infant BLS/CPR	3
HCP-R 17	1- and 2-Rescuer Infant BLS/CPR Demo	3
HCP-R 18	1- and 2-Rescuer Infant BLS/CPR Practice Session	10
HCP-R 19	AED for Infants and Children From 1 to 8 Years of Age	1
HCP-R 20	CPR With an Advanced Airway	1