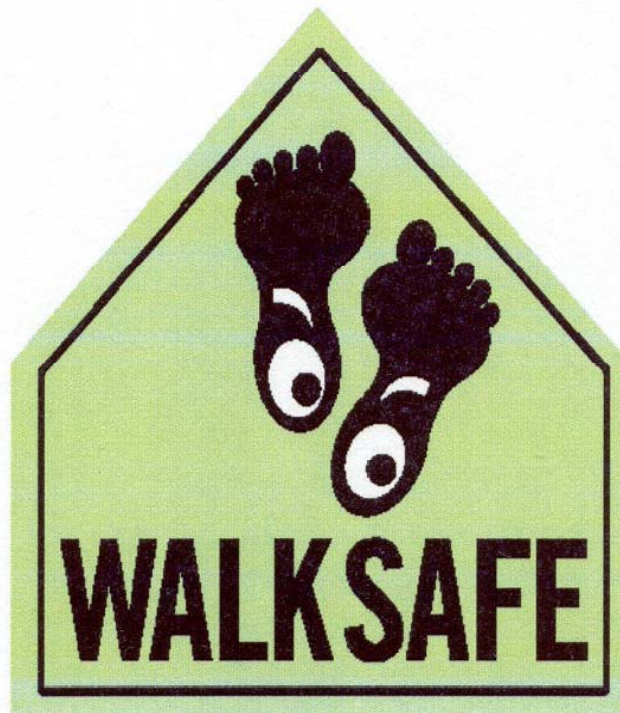


**UNIVERSITY OF MIAMI  
MILLER SCHOOL OF MEDICINE  
Walk Safe Program 2006  
Information Booklet  
October 4, 5, 6, 2006**

Sponsored by the Ryder Trauma Center at University of Miami — Miller School of Medicine. Funding for this program was provided by grants from The Florida Department of Transportation, FedEx and The Children's Trust.



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Dear Teachers:

Miami-Dade ranks first in the State of Florida for pedestrian injury and mortality. Over the past three years researchers at UM/JMMC have noticed an increase in the incidence of pediatric pedestrian trauma patients being admitted to our center. With support of the Ryder Trauma Center, the Florida Department of Transportation, FedEx and The Children's Trust an active approach has been taken for identifying, observing and creating a plan to prevent pediatric pedestrian trauma.

From current literature and our own research we have learned that the most effective way to prevent these injuries is to create a prevention-based education program in elementary schools. Over the last few years we have implemented the Walk Safe program, an educational-based pedestrian safety intervention program. We found from our studies that students retain pedestrian safety knowledge if they are taught the proper education. It is thought that this education can potentially affect the behavior of these children leading to a decrease in the numbers of children being hit by cars.

We have addressed this problem with a multidimensional approach that includes the three Es. Education — Miami-Dade County Public Schools, Enforcement — Miami-Dade School Board Police and City of Miami Police and Engineering — Metropolitan Dade County Public Works. Appropriate engineering modifications and enforcement has been made already to 16 elementary schools in Liberty City. As of April 2003, the Miami-Dade School Board has mandated the Walk Safe program be added to the curriculum for all elementary schools. The plan this year is to implement our Walk Safe program (October 4,5,6<sup>th</sup> 2006) along with the International Walk to School Day and all elementary schools in Miami-Dade County. We will also focus our efforts in another high risk area, at 16 elementary schools located in Little Havana and Overtown. It is very important that you make the Walk Safe program part of your classes' curriculum. We are planning for the Walk Safe program to be implemented by your school every October.

The Assistant Principal at your school will be responsible for training you and we will be available to discuss any questions you might have. My staff and I appreciate all of your help in taking this step to help decrease this serious problem within our community. With your assistance, we look forward to creating a sustainable program that can be administered in all elementary schools within the state of Florida.

Sincerely,  
Gillian Hotz, PhD  
Director Neurotrauma Research Chief,  
Divisions of Trauma & Surgical Critical Care  
WalkSafe Program Director



## Walk Safe Program Important Information

### 1. Walk Safe Program Overview

WalkSafe Program information is available on these websites:

Miami Dade Public Schools:

- <http://divisionoflifeskills.dadeschools.net/FLASH/index.htm>

PedestrianSafetyResourceCenter:

- <http://www.cure.fau.edu/pedcenter>

Pediatric Brain Injury Program UM/JMMC:

- <http://pedibrain.org>

### 2. Important Dates

#### **Walk Safe Program Schedule:**

**Wednesday: October 4, 2006** - KICK OFF:

Walk to School Day (optional)

WalkSafe Classroom Education & Video

**Thursday: October 5, 2006** - Outside Simulation

**Tuesday: October 6, 2006** - Poster Contest

**Teacher Training Dates:**

**Date: TBA**



## Walk Safe Schedule and Registration 2006

TO ALL TEACHERS K- 5:

Miami Dade County ranks #1 in the State of Florida and 3rd in the nation for pedestrian injuries and fatalities. Today, we are encouraging you to participate in implementing the WalkSafe Program in Miami Dade County public elementary schools. With your support and the participation in this program we will be able to reduce the number of children that are being hit by cars in our county.

**International Walk to School Day:** Wednesday October 4, 2006

Information and registration: [www.walktoschool.org](http://www.walktoschool.org)

Brian Hannigan, RN: Safe Kids Coalition Coordinator: (305) 666 — 6511 ext 2516

### Walk Safe Program Schedule:

**Wednesday: October 4, 2006** – Education Video

**Thursday: October 5, 2006** — Outside Simulation

**Tuesday: October 6, 2006**— Poster Contest

These websites have all the materials needed for the **Walk Safe Program**:

- <http://divisionoflifeskills.dadeschools.net>
- <http://pedibrain.org/prevention>
- <http://www.cure.fau.edu/pedcenter>

For any further information, contact the Neurotrauma Research Office at (305) 243- 8115

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### Walk Safe Program Registration Form

Please, fill out the following information after the implementation of the Program at your school.

Name of School: \_\_\_\_\_ Name of AP: \_\_\_\_\_

Name of contact person for the **Walk Safe Program**: \_\_\_\_\_

Teachers Name: \_\_\_\_\_ Grade: K    1    2    3    4    5

Check Yes or No to the following questions:

Did you have a Walk to School Day on Oct.4th?                    Y                    N

Did you implement the **Walk Safe Program** Oct. 4, 5, 6th?        Y                    N

If not, when did you implement the program? \_\_\_\_\_

**Please, fax this completed form to: Walk Safe Program Office: FAX (305) 243- 8114**



## Walk Safe Program Video Information

TO ALL TEACHERS:

Walk Safe videos are available on teacher choice. In order to schedule the videos for your class you need to call 786-275-0800 and follow the menu.

### Walk Safe Videos 2006

NAME OF THE VIDEO Code	Grade Level	Teacher Choice
<b>Stop and Look with Willy Whistle</b>	K-3 <sup>rd</sup>	1070
<b>A Surprise for Otto</b>	K-3 <sup>rd</sup>	1073
<b>Walking With Your Eyes</b>	4-5 <sup>th</sup>	1069

For any further information, contact the Neurotrauma Research Office at  
(305) 243- 8115



## Walk Safe Teacher Survey

Thank you for teaching the Walk Safe Curriculum to your class this week. While your class is working on their safety posters can you please take a few minutes to complete this survey. It is important that we receive your feedback to make improvements for next year. Please hand it into the main office in order for it to be mailed to the **Miami Dade Public Schools, Division of Life Skills** or Fax to: 305-243-8114.

**Rating scale: 4: Very Useful 3: Useful 2: Somewhat Useful 1: Not Useful**

Please circle the grade you teach: K 1 2 3 4 5

How many children in your class: \_\_\_\_\_

How many children in your class **walk to** school: **walk home from** school \_\_\_\_\_

1. Did you think that the Walk Safe curriculum was appropriate for the age and grade of your students?  
4: Very Useful 3: Useful 2: Somewhat Useful 1: Not Useful
2. Is there any information that you feel should be added or omitted from the curriculum?  
What information should be added or omitted? \_\_\_\_\_
3. Did you think that the outside simulation was necessary to help teach the video and classroom safety messages?  
4: Very Useful 3: Useful 2: Somewhat Useful 1: Not Useful
4. From teaching this curriculum to your students, do you think your students will use the safety information when crossing the street?  
4:VeryUseful 3:Useful 2:SomewhatUseful 1:NotUseful
5. Was the Walk Safe material online easy to access and use?  
4: Very Useful 3: Useful 2: Somewhat Useful 1: Not Useful
6. Do you think that the training was sufficient and useful for the implementation?  
4: Very Useful 3: Useful 2: Somewhat Useful 1: Not Useful
7. Was the 3-day lesson plans easy to follow and use?  
4: Very Useful 3: Useful 2: Somewhat Useful 1: Not Useful
8. Are there any suggestions that you have for us regarding the Walk Safe program?



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