



OBJECTIVES

Day 1

Kindergarten and Grade 1 students will be able to:

1. Demonstrate understanding of material covered in “Stop and Look with Willy Whistle” video by answering questions.
2. Demonstrate understanding of material covered in “A Surprise for Otto” video by answering questions.
3. Reinforce understanding of stopping at the curb/edge by coloring pages 1 and 2 of the WalkSafe Workbook K-1.

MATERIALS

1. “Stop and Look with Willy Whistle” video.
2. “A Surprise for Otto” video.
3. TV/VCR.
4. WalkSafe Workbook K-1.
5. Crayons and/or markers (teachers provide).

AGENDA AND ACTIVITIES

Introduction to WalkSafe:

1. Tell the students that every day this week, we are going to learn how to be safe walkers.
2. Ask students: What does it mean to be safe? *To be careful so that you don't get hurt.*
3. Ask students: What are some dangers in crossing roads that we have to look out for if we want to be safe? *You can get hit by a car or truck.*
4. Raise your hand if you walk to school; car; bus; ride a bike (write these numbers down and report them to your research assistant).
5. Tell the students that we are now going to watch a video about an expert in crossing streets, Willy Whistle. Willy will teach us how to cross streets safely.

Video:

“Stop and Look with Willy Whistle” (8:16)

Video discussion:

1. What do you do when you come to a curb or the edge of a street? *STOP.*
2. Should we stop sometimes or always? *ALWAYS.*
3. How do we look before crossing the street? *Left, Right, Left.* (Then have students form an “L” using their left hand. Explain to them that it is a way to remind us how to tell left from right. Next have them raise their left hand, then their right hand, and then their left hand. Repeat a few times, getting faster each time).



4. If we see a car coming, what do we do? *WAIT for the car to pass, and then look Left, Right, Left until it is safe to cross.*
5. Should we wait on the curb/edge or on the street? *On the curb.*
6. What do we do if there are cars parked on the street? *1. Stop at curb/edge. 2. Make sure the cars aren't running and no one is in them. 3. Go to the edge of the cars. 4. Look Left, Right, Left until it is safe to cross.*

Introduce next video:

1. Great! Now we are going to meet another expert in crossing streets, Otto. He's going to teach us how to cross at a traffic light.

Video:

"A Surprise for Otto" (4:20)

Video discussion:

1. Does a green light always mean go? *NO!*
2. What should you always do before crossing the street? *Stop, look left right left.*
3. What should you do when you get to a light that is already green? *Wait for a new green. Why? So that the light doesn't turn red while you are crossing the street.*
4. What do you do when you see a red DON'T WALK sign? *Wait for a white WALK sign.*
5. What do you do when you see a white WALK sign? *Stop, look left right left, then walk when it is safe.*
6. Does a green arrow mean that you can cross the street? *NO!*

Activity:

1. Distribute WalkSafe Workbook K-1 and have students write their names on the cover.
2. Distribute crayons and/or markers.
3. Explain the directions of pages 1 and 2. Have students complete the pages.
4. Collect the workbooks.

### CLOSURE

1. Ask students what we will be learning about this week. *How to be safe walkers.*
2. Tell students that tomorrow we are going to practice what Willy Whistle and Otto taught us today; so don't forget what we learned!

### HOMEWORK

Students are to tell their parents what they learned today about being safe walkers.



OBJECTIVES

Day 2

Kindergarten and Grade 1 students will be able to:

1. Review the material covered yesterday by answering questions.
2. Practice crossing the street safely by engaging in a street crossing practice activity.
3. Reinforce understanding of traffic lights and looking left, right, left by coloring pages 3 and 4 of the WalkSafe Workbook K-1.

MATERIALS

1. Curb/edge, cones, sidewalk chalk or any other materials necessary for creating a practice street.
2. Basketball.
3. One (1) Red circle and one (1) Green circle to serve as traffic lights.
4. WalkSafe Workbook K-1.
5. Crayons and/or markers.

AGENDA AND ACTIVITIES

Introduction:

1. Review yesterday's lesson:
  - a. What do you do when you come to a curb or the edge of a street? *STOP.*
  - b. Should we stop sometimes or always? *ALWAYS.*
  - c. How do we look before crossing the street? *Left, Right, Left.*
  - d. If we see a car coming, what do we do? *WAIT for the car to pass, and then look Left, Right, Left until it is safe to cross.*
  - e. What do we do if there are cars parked on the street? *1. Stop at curb/edge. 2. Make sure the cars aren't running and no one is in them. 3. Go to the edge of the cars. 4. Look Left, Right, Left until it is safe to cross.*
  - f. Does a green light always mean go? *NO!*
  - g. What should you do when you get to a light that is already green? *Wait for a new green. Why? So that the light doesn't turn red while you are crossing the street.*

WalkSafe Activity:

1. Take students outside to a place where you can safely practice street crossing. (ie. schoolyard). If you do not have a curb, use the edge of the grass, cones, or sidewalk chalk to create a practice street.  
NOTE: If it is raining try to set up this simulation in your classroom or a gym.
2. Explain to the students that you are going to have some student volunteers demonstrate the wrong way to cross a street. The students will then tell you how to correct the volunteer's mistake. Before we go inside, we will each get a turn to practice walking safely.



Set-up:

X - Instructor

Practice Street

X - Volunteer

X X X X X X X	
X X X X X X X	Other Students
X X X X X X X	

3. First Student Volunteer: Whisper to student that he/she is to walk across the street without stopping and without looking left or right to get the ball that is rolling across the street.
  - a. Ask students: What did he/she do wrong? What should he/she do to cross safely?
  - b. Have the student cross correctly.
4. Second Student Volunteer: Hold up green circle.
  - a. Ask class: what should Volunteer Two do if he/she comes to a light that is already green?
  - b. Have Volunteer Two sit back down without crossing.
  - c. Repeat exercise using a red circle in place of the green one.
5. Third Student Volunteer: If possible, have a real car parked and turned off as if parked on the side of your pretend road. Whisper to the third student that he/she is to walk across the street without stopping and without looking left or right.
  - a. Ask students: What did he/she do wrong? What should he/she do?
  - b. Have the student cross correctly.
6. Have all the students stand in a single file line and give each student a chance to stop at the curb/edge, look left-right-left, and cross safely.
7. (Time permitting) Make sure to take the students back to class with enough time to complete the workbook.

Activity:

1. Distribute WalkSafe Workbook K-1.
2. Distribute crayons and/or markers.
3. Explain the directions of pages 3 and 4. Have students complete the pages.
4. Collect the workbooks.

CLOSURE

Tell students that tomorrow we are going to show off everything we learned by making posters.

HOMEWORK

Students are to tell their parents what they learned today about being safe walkers.



OBJECTIVES

Day 3

Kindergarten and Grade 1 students will be able to:

1. Demonstrate understanding of material covered during WalkSafe week by creating a poster about walking safely.

MATERIALS

1. One 8.5x11 inch piece of blank paper for each student.
2. Crayons and/or markers.
3. Prizes for poster winners.

AGENDA AND ACTIVITIES

Introduction to WalkSafe:

1. This has been a great week and we've learned so much about walking safely. Today we will make something that can teach others how to walk safely, too.

Activity: 20 minutes for Poster Contest

1. Draw a picture about how to cross a street safely. It can be about stopping at a curb/edge, looking left right left, waiting for a green light or walk sign, or anything else we learned about that you want others to know.
2. When students are done, you may choose a first, second, and third place winner. The winners should each get a prize or a special privilege.

CLOSURE

1. Have the winners present and explain their posters to the class.
2. Students are to share their workbooks with their parents.
3. Thank students for all their great work, and remind them to walk safely!

