Miami-Dade Gender & Orientation Resource Guide

Crisis & Suicide Intervention Hotlines

Trevor Youth Suicide / Crisis Line 24hr  thetrevorproject.org  866-488-7386
Jewish Community Services (JCS) 24hr  jcsfl.org  305-576-6550
(Services Formerly Provided by Switchboard of Miami)

Counseling Resources and Support Organizations

Care Resource  careresource.org  305-576-1234
Healthcare and support services for adult and adolescent populations. Comprehensive primary care, transgender medical care (18 and older), HIV/STI testing and counseling, psychosocial services and case management. Sliding scale.

Institute for Child and Family Health  icfhinc.org  305-722-5635
Child and Family counseling, health and wellness, violence prevention.

Institute for Individual & Family Counseling (University of Miami)  tinyurl.com/cpqlxw3  305-284-6949
Sliding scale therapeutic services. Open to the public.

The Alliance for GLBTQ Youth  glbtqalliance.com  305-899-8087
Support to navigate emergency housing (18 and younger), HIV/STI testing, Mental Health, Reunification. Community-Based Group Counseling, Individual Counseling, Prevention Education, and Enrichment Activities for youth.

ABC’s for Success  abcsforsuccess.com  786-536-9714
Mental health counseling, support services, psychiatry, and psychosocial rehabilitation programs for youth, families, and adults, including therapists specializing in gender & orientation.

Barry University - Family CARE Center  barry.edu/care-center  305-899-3726
Sliding scale therapeutic services. Open to the public.

PFLAG  www.PFLAGsouthmiami.com  786-763-ALLY (2559)
Local chapter of PFLAG in Miami, Florida committed to offering support and guidance for parents, families, and friends of the LGBTQ community. Offers monthly meetings where families come and enjoy support in a safe space surrounded by friendly and caring people who share the journey you are on. Membership is encouraged but not required to attend.

Therapists Specializing in Gender & Orientation

- Barbara Byrne, LCSW, Kendall / South Miami  305-505-0689
- Jennie Coello, LMHC, Hialeah (Habla Español)  786-333-2975
- Pascale Denis, LMHC, Coral Gables (Kreyòl & Il Parle Français)  305-209-6175
- Cesar Incera, LMHC, (Habla Español & Il Parle Français)  305-670-0204
- Monika Kreinberg, LMHC, CST (Español, Français, Deutsch, Italiano)  305-894-6447
- Noemi Marquez, LCSW (Habla Español) (Parent Support Group)  786-346-0877

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Therapists Specializing in Gender & Orientation

- Dr. Jessica Ruiz, Miami Lakes (Habla Español) 305-779-8565
- Lauri Shannon, LCSW, Aventura 786-423-6787
- Dr. Marilyn Volker, Coral Gables (ASL - sign language) 305-443-8850
- Dr. Teri Wunderman, Kendall 305-595-6633
- Dr. Anagloria Mora, South Miami (Habla Español) 305-333-2263

Additional Support

Oliver-Pyatt Centers  Center for women with eating disorders. 305-668-4177
oliverpyattcenters.com

Lotus House  Women’s shelter. 305-576-4780
lotushouseshelter.org

Gender Resource Guide, PDF  yesinstitute.org/gender 305-663-7195

Parent & Family Support - Orientation

Eva Leivas-Andino (Habla Español) eva@yesinstitute.org 786-301-3940
Roxana Sora (Habla Español) 305-898-8131
Silvia Rojas (Habla Español) 305-323-6376
Rebecca del Cristo (Habla Español) 305-318-2022

Parent & Family Support - Gender

Daniella Dominguez Daniella@yesinstitute.org 305-780-0066
Tori Gabriel 954-261-1479
Tom Logan 954-579-9813
Esperanza Lopez (Lunes - Viernes 7pm- 9pm; Solamente Español) 786-443-7196
Karla Sobenes-Desme 954-670-4375

Gender Transitioning / Medical Resources

Adolescent Medical Professionals

- Dr. Alejandro Diaz, Pediatric Endocrinology, Nicklaus Children’s Hospital 305-662-8368
- Dr. Bethel Steindel-Kopp, Pediatric Endocrinology, Memorial Healthcare of Broward 954-265-6984
- Dr. Sarah Hart-Unger, Pediatric Endocrinology, Memorial Healthcare of Broward 954-265-6984
- Dr. Christopher Estes, Board Certified Obstetrician/Gynecologist (also willing and able to be PCP for folks transitioning) Miami Beach 305-397-8229

Adult Medical Professionals

- Dr. Sheryl Zayas or Sanique Olkuch, Care Resource 305-576-1234
  **Gender transitioning inquiries contact Jessmarie Gonzales at x139 or Patricia Sanz at x106
- Dr. Neil Goodman, Endocrinologist, Kendall 305-595-6855

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Public School Student Services

Miami-Dade County Public Schools  
studentservices.dadeschools.net  305-995-7338  
Ask for Gladys Duran, Division of Student Services  
durang@dadeschools.net  305-995-1778

Clergy and Pastoral Counseling Resources

Call YES Institute  (Habla Español)  305-663-7195

Legal Services

Charles “Chip” McGinley, Attorney at Law  mcginley.charles@gmail.com  561-704-0052  
Name & Gender Marker Changes, etc.

Legal Services of Greater Miami, Inc.  jjauregui@legalservicesmiami.org  305-438-3809  
Name & Gender Marker Changes, Employment and Housing Discrimination

Youth & Adult Peer Support & Social Groups

Pridelines  pridelines.org  305-571-9601  
Jowharah Sanders  jowharah@pridelines.org  Ext. 108  
Youth Engagement Coordinator

Landon “LJ” Woolston  ji@pridelines.org  Ext. 104  
Youth Programs and Homeless Services Manager  
(c) 305-299-8488

University of Miami SpectrUM  clubs.miami.edu/org/spectrum  305-284-5520

FIU Multicultural Programs and Services  mpas.fiu.edu/LGBTQA.html  305-348-2436

Young Adults Coming Out & Family/Friends of Transgender People - Support Groups - Facilitated by Janice Hynes, Psy.D.  305-710-1963

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