

## **HEALTH LITERACY**

### **PROGRAM DESIGN**

Development, production, and distribution of health education curriculum/objectives based on the Florida Next Generation Sunshine State Standards for Health are provided for grades Kindergarten through twelve. Imbedded in the health education curriculum are various units of study/programs which include training in cardiopulmonary resuscitation (CPR), Internet safety, and human growth and development. Teacher training in various health education programs is also provided. Instructional materials are produced by department staff in addition to the identification of appropriate commercially produced health education materials. Staff from the department also collaborates with professional health educators, organizations, and agencies, to provide teachers with accurate, up to date, information and training concerning important issues in health education.

Curriculum:

Is accessible via the <http://pe.dadeschools.net> website and located under *Health Literacy*.

K-5 Elementary School Health Education Pacing Guides (Learning Village at [www.dadeschools.net](http://www.dadeschools.net)) and Health Education Curriculum

Middle school health curriculum is delivered through Comprehensive Science I (grade six), Comprehensive Science II (grade seven), and Comprehensive Science III (grade eight). Human Growth and Development is taught in the curriculum. Pacing Guides are also accessible (Learning Village at [www.dadeschools.net](http://www.dadeschools.net)).

Senior high school health curriculum is integrated with physical education curriculum. Pacing Guides are also accessible (Learning Village at [www.dadeschools.net](http://www.dadeschools.net)).

## Training:

Training workshops in the following areas are conducted by staff of Physical Education and Health Literacy:

1. Cardiopulmonary Resuscitation (CPR) training is conducted for secondary school physical education and health teachers for the purpose of updating their instruction skills and for CPR certification.
2. Health/Human Growth and Development teacher training for elementary school teachers/counselors, middle school science/physical education teachers, and senior high school health/physical education/personal fitness teachers.

## Instructional Materials:

1. Elementary, middle school, and senior high school state-adopted textbooks.
2. Human Growth and Development Handbooks have been produced and distributed by the department to elementary, middle, and senior high school teachers.
3. "Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiac Care" produced by the American Heart Association is distributed to Health/Physical Education teachers. Also, a "Classroom Procedures Manual for Training Students in CPR" has been developed by the staff for use by teachers.

## **HEALTH LITERACY:**

Our mission is to provide quality instruction in reproductive health, interpersonal skills, safety, nutrition, and parenting to reduce pregnancy and to promote healthy behavior in Miami-Dade County Public Schools' children. Curriculum is developed to reduce destructive behavior in children, including early sexual involvement, substance abuse, suicide, activities which result in sexually transmitted diseases and early teenage pregnancy. The curriculum in Health Education is aligned with the Florida Next Generation Sunshine State Standards and the National Standards for Health Education.

Health Literacy strives to:

- Design, revise and implement K-12 Health Education curriculum, which includes nutrition education, substance use/misuse/abuse, interpersonal communication, and disease prevention and control, to name a few.
- Develop and coordinate annual Human Growth and Development (HGD) teacher training workshops.
- Conduct school site visits to assist and evaluate instructors to ensure implementation of the curriculum.
- Implement Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) instructor workshops as a function of being the Training Center (TC) for the American Heart Association (AHA).
- Enhance teacher awareness of important local and national health-related issues.

## **FUNCTIONS AND RESPONSIBILITIES OF CURRICULUM SUPPORT SPECIALISTS**

The function of the curriculum support specialist is to design, conduct and evaluate activities that help improve the health of Miami-Dade County Public Schools (M-DCPS) children. These activities take place in a variety of settings that include schools, communities, and health care facilities. Curriculum support specialists also network and collaborate with local and state agencies and organizations to develop, implement, and deliver the K-12 Health Education curriculum.

It is the responsibility of the curriculum support specialist to:

- Develop a logical scope and sequence plan for a K-12 health education program.
- Formulate appropriate and measurable program objectives.
- Design age-appropriate educational programs consistent with the Florida Next Generation Sunshine State Standards.
- Exhibit competence in carrying out planned educational programs.
- Determine standards of performance to be applied as criteria of effectiveness.
- Carry out evaluation plans.
- Organize school teacher/administrator training programs.
- Select effective educational resource materials for school dissemination.
- Utilize a variety of communication methods and techniques in delivery of health information.
- Provide assistance and guidance for K-12 health teachers.

## PROCEDURES FOR CURRICULUM SUPPORT SPECIALISTS

Curriculum Support Specialists report to the Division of Physical Education and Health Literacy, Room 316, Mondays thru Fridays from 8:00 a.m. - 4:30 p.m.

### Important Phone Numbers

Dr. Jayne Greenberg	District Director	(305) 995-1963
Mr. Mike Bromir	Instructional Supervisor	(305) 995-1919
Ms. Jacquelyn White	Instructional Supervisor	(305) 995-7271
Mr. Louis Lazo	Curriculum Support Specialist	(305) 995-1237
Mr. Michael Frissora	District Specialist	(305) 995-1987
Mr. Ricky Hemingway	District Specialist	(305) 995-1987
FAX	District Office	(305) 995-1506