

# Clean hand cards

## CLASSROOM LESSON PLAN

### Objective

To reinforce the difference between clean and dirty hands, and to remind kids to wash their hands.

### Ages

4 and up

### Time

30 minutes

### Materials

- Construction paper
- Safety scissors
- Crayons or colored pencils
- Hole puncher
- String

### Instructions

- 1 Trace the outline of each child's hand onto construction paper.
- 2 Using safety scissors, have each child cut around the outline of the hand they've traced (or cut them out for the kids).
- 3 On one side of the hand, have the kids draw what "dirty" looks like: germs, bugs, dirt and messy lines.
- 4 On the other side, have the kids draw what "clean" looks like: flowers, sunshine, rainbows and smiley faces.
- 5 Punch a hole in each hand and string the hands together.
- 6 Hang up near a sink; when kids wash their hands, they can turn the "dirty" hands over to reveal "clean" hands.

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### Notes

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