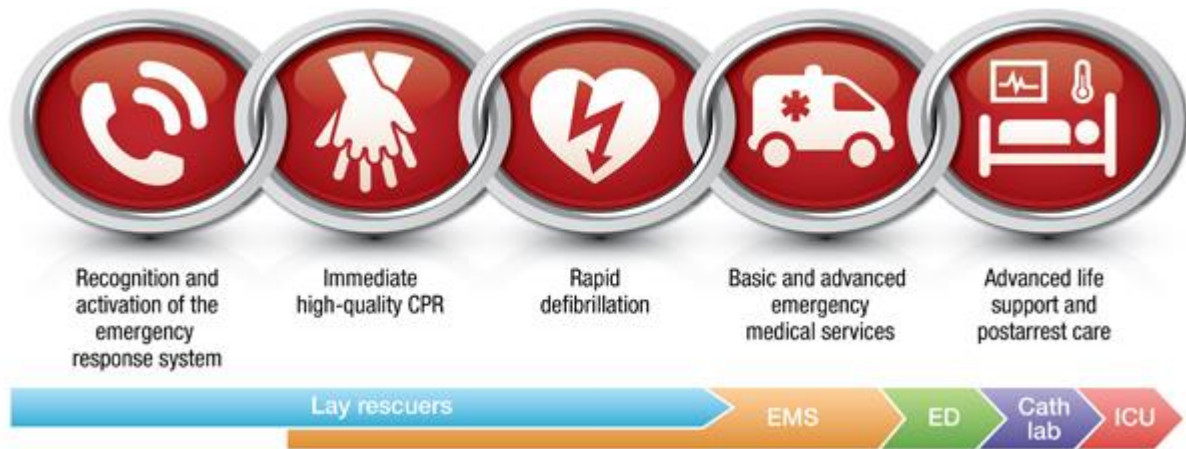


Out-of-hospital Chain of Survival



The term *Chain of Survival* provides a useful metaphor for the elements of the ECC systems concept.

The 5 links in the adult out-of-hospital Chain of Survival are

- **Recognition** of cardiac arrest and **activation** of the emergency response system
- Early **cardiopulmonary resuscitation (CPR)** with an emphasis on chest compressions
- Rapid **defibrillation**
- Basic and advanced emergency medical services
- Advanced life support and post-cardiac arrest care

A strong Chain of Survival can improve chances of survival and recovery for victims of cardiac arrest.