

# Activity: Conception Line Up

**Targeted Grade Level:** Grades 8-12

**Objectives:**

- Determine the steps in conception
- Explain where fertilization occurs

**Standards and Benchmarks:**

Health Education Benchmarks	Language Arts Standards
<ul style="list-style-type: none"><li>• HE.8.B.5.5</li><li>• HE.912.P.7.2</li></ul>	<ul style="list-style-type: none"><li>• SL.1.1 (a – d)</li><li>• SL.2.4</li><li>• SL.2.6</li><li>• L.3.6</li></ul>

**Preparation:**

Prepare 8 Cards (8 X 10 sheets of paper/cards) – each containing one STEP of conception. The steps, in the following order, are:

1. An egg is released from the ovary
2. The egg travels to the fallopian tube
3. A couple has unprotected sexual intercourse
4. Sperm from the man reaches the egg
5. One of the sperm penetrates the egg
6. The egg is fertilized and begins developing
7. The egg travels down the fallopian tube into the uterus
8. The egg attaches to the lining of the uterus

**Directions:**

1. Hand out a “step” to 8 students in the class, or ask for volunteers. Let them know that if they do not want to participate, they may pass their “step” to someone who does want to.
2. Ask those students holding a step to come to the front of the room.
3. Let the rest of the class know that they must not help (or talk), and just observe for now.
4. Ask those in the front of the room holding a step to get into order from “beginning to end” to demonstrate how conception occurs.
5. Give them several minutes to try to figure it out.
6. Ask the rest of the class (those sitting without a step) to help if needed.
7. Let the class know you are going to read the correct order of steps. Ask them to please move as needed.

**Discussion points:**

Was this easy (or difficult) to do?

Why is it important to know the steps?

How might this help a couple trying to plan a family?

How might this help a couple trying to avoid pregnancy?

Spend time in “teachable moments” as discussion arises, focus on health behaviors and why it is important to always communicate with one’s partner and a trusted adult.