

# Activity: Four Corners

**Targeted Grade Level:** Grades 6-12

**Objectives:**

1. Identify social norms
2. Clarify myths
3. Elicit discussion on a variety of topics

**Standards and Benchmarks:**

Health Education Benchmarks				Language Arts Standards
• HE.6.B.3.1	• HE.7.B.3.1	• HE.8.C.1.3	• HE.912.B.3.1	• SL.1.1 (a – d)
• HE.6.P.7.1	• HE.7.B.6.1	• HE.8.C.2.2	• HE.912.P.7.2	• SL.2.4
	• HE.7.P.7.1	• HE.8.C.2.3		• SL.2.6
		• HE.8.P.7.1		• L.3.6

**Preparation:**

1. Develop your list of true/false statements. Make some positive and some negative. They can focus on any topic, just make sure you have the facts/information on each statement so that you can clarify and add to the discussion of each statement.
2. Hang a different “statement of agreement” (agree, strongly agree, disagree, strongly disagree) in each corner of the room.

**Directions:**

1. Ask participants to move to the corner of the room that represents their opinion to the statement being read.
2. Let them know that if they do not want to share their opinion, they may stand in the center of the room (neutral ground space).
3. Read a statement aloud. Ask them to move to the corner of the room that represents their opinion regarding the statement.
4. Discuss – start with one corner first and ask if anyone would be willing to share their opinion and why they moved to this corner.
5. After all four corners have had an opportunity to share, you can ask those in the center (if there are any) if they have anything to add.
6. Read the next statement and repeat.

**Possible Statements:**

- People my age do not know that young people are at an increased risk of STDs.
- It is easy for people my age to get tested for STDs and HIV.
- Most people my age know how to avoid STDs and HIV.
- People our age think a couple cannot get pregnant the first time they have sex.
- Most people my age feel that getting pregnant or getting a girl pregnant wouldn't be that bad.
- If a couple has sex, the female should be the one responsible for preventing a pregnancy.
- Condoms and contraceptives are easy for people our age to get.

- Most people our age think that the only 100% safe way to avoid pregnancy, getting an STD or HIV is abstinence.
- Most adults are comfortable talking with us about sex and risky behaviors.
- We receive plenty of quality sexuality education at our school.
- Young people my age know where to go when they have questions about sexual health.

**Additional points:**

Spend time in “teachable moments” as discussion arises, focus on health behaviors and why it is important to always communicate with one’s partner and a trusted adult.